



# UNIVERSITY OF OXFORD



## MYRIAD

### My resilience in adolescence

A research team at the University of Oxford is looking for secondary schools to take part in a national research project called **MYRIAD**.

MYRIAD is asking questions around how schools prepare young people to manage their emotional health and improve **resilience** to the challenges of **adolescence**.

We would like to hear from you if you are a **teacher or headteacher** at a **secondary school** that is interested in the question of how to promote emotional health and wellbeing in your pupils.

Participating would enable your school and especially your pupils to gain valuable insight into high-quality scientific research processes and will provide an opportunity for your pupils to see 'research in action'.

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